

Sedlescombe Church of England Primary School

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Friday 16th October 2020

Dear Parents and Carers,

RE: New Statutory RSHE Curriculum 2020

You will be aware that as a part of your child's educational experience, we aim to promote the personal development and well-being of each and every child through a comprehensive programme of Personal, Social, Health and Economic (PSHE) education that gives children the knowledge, understanding, attitudes and practical skills they need to live healthy, safe, productive and fulfilled lives, both now and in the future.

From September 2020 the Department for Education has made Relationships and Health Education compulsory in all primary schools. We will be changing the name of the lessons to Relationship, Sex and Health Education (RSHE) to highlight these changes. We will continue to follow the Jigsaw programme, which has been updated, and supplement this with resources from other agencies, such as the PSHE association and East Sussex PSHE Solutions to ensure a high quality curriculum meets the needs of our pupils and community.

What does the new guidance mean?

The new guidance focuses on teaching about healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, well-being and safeguarding. Learning about the emotional, social and physical aspects of growing up will give children and young people the information, skills and positive values they need to be able to enjoy safe and fulfilling relationships. It will also give the skills they need to be able to take responsibility for their own well-being.

As with all statutory subjects, there is no right to withdraw your child from Relationships Education or Health Education or any content from the Science curriculum. This means that pupils cannot be withdrawn from lessons on the Changing Adolescent Body. Parents have the right to request that their child be withdrawn from some or all of the Sex Education delivered in Year 6 that is not statutory (conception and birth) but this should only be done following discussions with the Headteacher or RSHE Lead.

Learning, Loving and Growing Together with God

How will RSHE be delivered?

The statutory requirements will form part of our school's RSHE education programme which is taught throughout the school in every year group and is monitored and reviewed regularly.

All teaching in RSHE will take place in a safe learning environment and be underpinned by our school's vision and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

Suggestions and questions:

It is important that there is an open conversation between parents and school to ensure that the children are given the best RSHE provision possible.

We would like to gain views and opinions from you to inform how the school's Relationship, Sex and Health Education Curriculum will be taught. We encourage any feedback and suggestions which could be reflected in our policy, as well as any questions that you, as parents, may have about the new guidance or coverage.

- What are your thoughts on our current curriculum for RSHE? Do you think this curriculum meets your child's needs?
- What do we do well? What could we do better?
- Is there anything we're not covering that you think we need to address?
- Is there something we could cover in more or less detail?
- What do you think about the way we intend to deliver RSHE to pupils?
- As a parent, do you feel like you need more information or guidance on specific topics?

Further information on the new statutory requirements is available from the following links:

- [Relationships, Sex and Health Education Guidance](#)
- [RSHE Frequently Asked Questions](#)
- [RSHE Guide for Parents and Carers](#)

A copy of our RSHE Policy and our proposed curriculum map has been uploaded to the school website for your information under the Curriculum Tab and in the policies section.

Alternatively you can access them using the following links:

- [Sedlescombe RSHE Policy-2020-2022](#)
- [Sedlescombe RSHE Curriculum Map](#)

Over the next academic year, when we are able to, we will be hosting parent/carer workshops, where you will be able to look at the resources we use and take part in some of the activities the children experience in class.

Please email Naomi Oakley (RSHE Lead) to ask any questions and/or give views on this new guidance: noakley@sedlescombecep.e-sussex.sch.uk

Yours faithfully,

Mrs. Naomi Oakley
Inclusion & RSHE Leader